Sedona's Must See and Do- TOP 10

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- RED ROCK SCENIC BYWAY a 7.5 mile stretch of highway has plenty to see and do. It's often referred to as a "museum without walls." Highlights include breathtaking sightseeing, hiking, biking and even golf. There are also two vortexes to check out, Bell Rock and Cathedral Rock in the Village of Oak Creek (also called Big Park). The village features restaurants, galleries and shops. Coconino National Forest is also popular, with many scenic overlooks.
- 2. VERDE VALLEY WINE TRAIL When it comes to wine making, Arizona may not be top of mind, but the Verde Valley near Sedona offers a dry climate and access to water so grapes thrive here. If you're a lover of vino, take time to visit the area's popular wineries, including; Alcantara Vineyards, Page Springs Cellars, Oak Creek Vineyards and Javelina Leap Vineyard, as well as several tasting rooms. Most places allow you to tour the grounds and sample locally made wine. In between wine tasting, check out the rest of the Cottonwood area's attractions, including <u>Montezuma Castle</u> and <u>Tuzigoot</u>.
- 3. HIKING TRAILS The Sedona area boasts over 100 different trails, each offering its own unique experience. Most lead into the red rocks, offering explorers plenty of million-dollar photo ops. One of the most popular hiking trails is Cathedral Rock, though it isn't the easiest trek, the trail does offer great views of one of Sedona's most notable red rock formations. For a less strenuous journey that still promises Cathedral Rock panoramas, try the Airport Mesa Loop. Other popular hiking trails include the Bell Rock Pathway, the Devil's Bridge Trail, Boynton Canyon and <u>Palatki Ruins</u>, which features several ancient Native American ruins and cave paintings.
- 4. VORTEXES Sedona's visitors often hear talk of vortexes, which are cyclones of energy that come directly from the earth that can be felt by those present. These vortexes are represented by uniquely shaped rock formations believed to emit energy. Although all of Sedona is believed to be a vortex, there are four primary vortexes, each radiating its own particular energy. The Airport Vortex, along Route 89A is said to produce a masculine energy, strengthening one's self-confidence and motivation. The Cathedral Rock Vortex near <u>Red Rock State</u> <u>Park</u> fosters feminine aspects like goodness, patience and compassion. The Boynton Canyon Vortex, along Dry Creek Road, offers a balance between masculine and feminine energies. And the Bell Rock Vortex, along Route 179, offers a combination of the three: masculinity, femininity and balance.
- 5. SEDONA SPAS Many of Sedona's spas add local flair to their treatments. For example, the Mii Amo spa at the Enchantment Resort offers a special wrap infused with Sedona clay, along with Native American-inspired therapies. For a New Age experience, <u>A Spa For You</u> helps balance your chakra by introducing polarizing gemstones to its deep-tissue massages. We also recommend <u>Inner Journeys</u> and <u>Sedona's New Day Spa</u> for their soothing atmospheres and variety of treatments. Before deciding on your treatment, please note that some <u>resort spas</u> only offer treatments for hotel guests, so it's a good idea to call ahead.
- 6. TLAQUEPAQUE ARTS & CRAFTS VILLAGE When you need a break from the trails, head to the Tlaquepaque Arts & Crafts Village (pronounced Tel-AH-ki-PAH-ki). This outdoor shopping center was designed in the style of a traditional Mexican village. The stucco walls house a variety of art galleries, New Age shops selling modern art and glassware, and restaurants, while the cobblestone streets and mosaic fountains provide a charming, old-fashioned atmosphere. Visitors recommend spending a few hours perusing Tlaquepaque and checking out the local handmade jewelry, food, music and especially the art.
- 7. CHAPEL OF THE HOLY CROSS If you only have time for one cultural site, the Chapel of the Holy Cross is a must see. This stunning church designed by sculptor Marguerite Brunswig Staude, a student of architect Frank Lloyd

Wright, protrudes from the red cliffs. The main stained-glass window is held together by a giant cross and overlooks the Verde Valley. While many recent visitors rave about the spectacular views, most say the site's peaceful atmosphere is the central reason to stop by.

- 8. OAK CREEK CANYON SCENIC DRIVE-just upstream from Sedona, on the way to Flagstaff, this area features; rock formations, cliff walls, and forests which follow Oak Creek before climbing up the canyon along a dramatic stretch of twisting road with switchbacks. One of the main attractions along this route, is **Slide Rock State Park**. You'll also find hiking trails off this drive, one of the most spectacular is **West Fork Trail**.
- 9. JEEP TOURS Jeep tours are one of the most popular things to do in Sedona. These trips allow you to see areas you wouldn't reach without an off-road vehicle and take you through some areas you wouldn't think possible in a Jeep.
- 10. **STAR GAZING V**isitors only look to the night skies to see one of the city's biggest attractions—the unobstructed views of the heavens. The night skies over Sedona are so exceptional for stargazing that the city was awarded the Dark Sky Community designation by the International Dark-Sky Association.

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